

Public Health guidance issued by NICE

March 2012

This update provides a summary of public health guidance issued by [NICE](#), with links to full content. All public health guidance up to the end of March 2012 is included. This document will be maintained on the KMPHO website at www.kmpho.nhs.uk. Any changes will be emailed to subscribers on a quarterly basis.

Guidance included in this bulletin (type indicated by colour) as follows):

Public Health Guidance is indicated by PH.

Public Health Guidance in development (indicated by PHGD)

Clinical Guidance which includes Public Health guidance (indicated by CG)

Clinical Guidelines in Development with PH content (indicated by CGD)

Completed Interventional Procedures related to PH (IP)

Completed technology appraisals in public health area (TA)

Appraisals in Development, related to PH (AID)

- [Accidents](#)
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Accidents

Strategies to prevent unintentional injuries among under-15s (PH29, Nov 2010)

Strategies to prevent unintentional injuries among children and young people aged under 15

Preventing unintentional injuries among under-15s in the home (PH30, Nov 2010)

Preventing unintentional injuries in the home among children and young people aged under 15: providing safety equipment and home risk assessments

Preventing unintentional road injuries among under-15s: road design (PH31, Nov 2010)

Preventing unintentional injuries among children and young people aged under 15: road design and modification

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Behaviour Change

Behaviour change (PH6, October 2007)

The most appropriate means of generic and specific interventions to support attitude and behaviour change at population and community levels

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Cancer

Colorectal cancer (CG131, November 2011)

This clinical [guideline](#) CG131 from NICE offers evidence-based advice on the diagnosis and management of colorectal cancer.

Skin cancer prevention: information, resources and environmental changes (PH32, January 2011)

Skin Cancer: how the NHS and local authorities can help prevent skin cancer using public information, sun protection resources and by making changes to the environment

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Cardiovascular

Guides for commissioners: cardiac rehabilitation services and services for people with chronic heart failure (CMG39/CMG40 November 2011)

This guidance from NICE aims to support commissioners in designing high quality, evidence-based services to improve outcomes for patients and to help the NHS make better use of its resources.

- [Cardiac rehabilitation services](#)
- [Services for people with chronic heart failure](#)
- [NICE - press release](#)

Identifying and supporting people most at risk of dying prematurely (PH15, September 2008)

Reducing the rate of premature deaths from cardiovascular disease and other smoking-related diseases: finding and supporting those most at risk and improving access to services

Prevention of cardiovascular disease (PH25, June 2010)

Prevention of cardiovascular disease at the population level

Lipid modification (CG67, May 2008)

Cardiovascular risk assessment and the modification of blood lipids for the primary and secondary prevention of cardiovascular disease

Change to lipid modification guideline (CG67, April 2010)

[Change](#) to lipid modification guideline CG67 Changes have been made to the guideline on...
13 April 2010

MI: secondary prevention (CG48, May 2007)

Secondary prevention in primary and secondary care for patients following a myocardial infarction

Venous thromboembolism - reducing the risk (CG92, January 2010)

Reducing the risk of venous thromboembolism (deep vein thrombosis and pulmonary embolism) in patients admitted to hospital

Myocardial infarction: secondary prevention in primary and secondary care for patients following a myocardial infarction (update TBC)

NICE [Clinical guideline in development](#)

NICE quality standard published on chronic heart failure (June 2011)

NICE has published [quality standard](#) for the assessment, diagnosis and clinical management of chronic heart failure¹ in adults, adding to the bank of quality standards already completed.

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Children/Young People/Maternity

Caesarean section (CG132, November 2011)

NICE has published an update to its existing guidelines on caesarean section. It is hoped that these new recommendations mean more women may avoid unnecessary surgery and that changes in practice will reduce post-operative infections. It also recognises that mental health issues, as well as physical conditions, are possible indications for caesarean section.

- [Guidance](#)
- [NICE - press release](#)

NICE guideline on multiple pregnancy (CG129, September 2011)

Multiple Pregnancy The management of twin and triplet pregnancies in the antenatal period Clinical guideline CG129

Women who are expecting twins or triplets should receive specialist care from a team of healthcare professionals, according to latest NICE guidance.

- [Guidance](#)
- [Press release](#)

Autism: Recognition, referral and diagnosis of children and young people on the autism spectrum (CG128, September 2011)

Local autism teams should be set up across the country to improve the diagnosis and assessment of children and young people with autism, says NICE

- [Guidance](#)

Social and emotional wellbeing in secondary education (PH20, Sept 2009)

Promoting young people's social and emotional wellbeing in secondary education

Social and emotional wellbeing in primary education (PH12, March 2008)

Promoting children's social and emotional wellbeing in primary education

Looked-after children and young people (PH28, October 2010)

Promoting the quality of life of looked-after children and young people

Maternal and child nutrition (PH11, March 2008)

Guidance for midwives, health visitors, pharmacists and other primary care services to improve the nutrition of pregnant and breastfeeding mothers and children in low income households.

Personal, social, health and economic education focusing on sex and

relationships and alcohol education (suspended) (PHGD remains suspended, November 2011)

Reducing infant mortality among those living in disadvantaged circumstances (suspended) (PHGD withdrawn from the future programme of work, November 2011)

Social and emotional wellbeing – early years (PHGD, November 2011)

NICE received in early 2010 the initial referral for this topic as two pieces of intervention guidance on [home based interventions](#) and [early education and childcare](#). The guidance has subsequently been developed as a single integrated piece of guidance covering all the intervention areas focusing on the needs of vulnerable children under 5.

In 2010 NICE was asked to pause on the development of this guidance to take account of the emerging policy context. The document [Supporting Families in the Foundation Years](#) (DfE, DH July 2011) now provides a statement of the new policy context for this guidance, and in November 2011 NICE received the Secretary of State's approval for the development of the guidance.

Social and emotional wellbeing - vulnerable children at home (suspended) (PHGD)

This guidance and [social and emotional wellbeing: early education and childcare](#) have been combined as a single integrated piece of guidance called [social and emotional wellbeing - early years](#). This covers all the intervention areas focusing on the needs of vulnerable children under 5.

Social and emotional wellbeing: early education and childcare (suspended) (PHGD)

See [Social and emotional wellbeing – early years \(PHGD, November 2011\)](#)

Antenatal and postnatal mental health (CG45, February 2007)

Antenatal and postnatal mental health: clinical management and service guidance

Antenatal care (CG62, March 2008)

Antenatal care: routine care for the healthy pregnant woman

Donor breast milk banks (CG93, February 2010)

Donor breast milk banks: the operation of donor breast milk bank services

Pregnancy and complex social factors (CG110, September 2010)

A model for service provision for pregnant women with complex social factors

NICE: Conduct disorders in children and young people (CGD)

NICE [guidance in development](#) due April 2013

Serial transverse enteroplasty procedure (STEP) for bowel lengthening in parenteral nutrition-dependent children (IPG232) (IP)

NICE guidelines in development (started July 2011)

Diabetes in pregnancy (update)

Intrapartum care (update)

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Community Development

Community engagement (PH9, February 2008)

An assessment of community engagement and community development approaches including the collaborative methodology and community champions

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Dental Health

Dental Recall (CG19, October 2004)

The NICE dental recall clinical guideline helps clinicians assign recall intervals between oral health reviews that are appropriate to the needs of individual patients.

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Domestic Violence

Preventing domestic violence (PHGD, October 2011)

- [Key documents updated.](#)
-

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Drugs/Alcohol

Services for the identification and treatment of hazardous drinking, harmful drinking and alcohol dependence in children, young people and adults (Commissioning Guide, August 2011)

This [NICE guide](#) for commissioners provides support for the local implementation of NICE guidance through commissioning and is a resource to help commissioners, clinicians and managers to

commission evidence based and quality services across England. It also aims to support joint commissioning and partnership working between NHS and partner organisations.

School-based interventions on alcohol (PH7, November 2007)

Interventions in schools to prevent and reduce alcohol use among children and young people.

Alcohol-use disorders - preventing harmful drinking (PH24, June 2010)

Alcohol-use disorders - preventing the development of hazardous and harmful drinking.

Interventions to reduce substance misuse among vulnerable young people (PH4, March 2007)

Community-based interventions to reduce substance misuse among vulnerable and disadvantaged children and young people

Needle and syringe programmes (PH18, February 2009)

Needle and syringe programmes: providing people who inject drugs with injecting equipment

Alcohol dependence and harmful alcohol use (CG115, February 2011)

This NICE [clinical guideline](#) offers evidence-based advice on the diagnosis, assessment and management of harmful drinking and alcohol dependence in adults and in young people aged 10–17 years. This is one of three pieces of NICE guidance addressing alcohol-related problems ..[Read the complete summary](#)

Alcohol-use disorders: physical complications (CG100, June 2010)

Drug misuse: opioid detoxification (CG52, July 2007)

Drug misuse: psychosocial interventions (CG51, July 2007)

Drug misuse - methadone and buprenorphine (TA114) (TA)

Drug misuse - naltrexone (TA115) (TA)

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Environment/Transport/Housing/Employment

Spatial planning for health (discontinued) (PHGD, June 2011)

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Health Protection/Emergencies

Reducing differences in the uptake of immunisations (PH 21, Sept 2009)

Guidance on differences in the uptake of immunisations (including targeted vaccines) in people younger than 19 years

Increasing the uptake of HIV testing among black Africans in England (PH33, March 2011)

Increasing the uptake of HIV testing to reduce undiagnosed infection and prevent transmission among black African communities living in England

Increasing the uptake of HIV testing among men who have sex with men (PH34, March 2011)

Increasing the uptake of HIV testing to reduce undiagnosed infection and prevent transmission among men who have sex with men

Infection: prevention and control of healthcare-associated infections in primary and community care (CG139, March 2012)

This guideline provides a blueprint for the infection prevention and control precautions that should be applied by everyone involved in the care of people who are having treatment or care either in their own home or elsewhere in the community (for example, in a care home, a GP surgery, health centre, school or prison and by the ambulance service) where NHS healthcare is provided or commissioned. It updates and replaces CG2.

- [Guideline](#)
 - [NICE - press release](#)
-

Surgical site infection (CG74, October 2008)

Prevention and treatment of surgical site infection

Tuberculosis: hard-to-reach groups (PH37, March 2012)

This [guidance](#) aims to improve the way tuberculosis (TB) among hard-to-reach groups is identified and managed. It is for commissioners and providers of TB services and other statutory and voluntary organisations that work with hard-to-reach groups.

Tuberculosis (CG 117, March 2011)

This [clinical guideline](#) updates and replaces [NICE clinical guideline 33](#) (published March 2006). New recommendations on using interferon-gamma tests for the diagnosis of latent tuberculosis have been added.

The guideline offers evidence-based advice on the diagnosis and treatment of active and latent tuberculosis in adults and children, and on preventing the spread of tuberculosis, for example by offering tests to people at high risk, and by vaccination. The guideline does not explain tuberculosis

or its treatments in detail.

Patient safety and reduction of risk of transmission of Creutzfeldt-Jakob disease (CJD) via interventional procedures (IPG 196) (IP, November 2006)

Influenza (prophylaxis) - amantadine, oseltamivir and zanamivir (TA 158) (TA)

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Long-term Conditions

Preventing type 2 diabetes: population and community interventions (PH35 May 2011)

NICE: Greater support to help implement our preventing type 2 diabetes guidance (July 2011)(PH35)

NICE has produced a [guide to resources](#) to help people involved in putting the [NICE guidance](#) on Preventing type 2 diabetes: population and community-level interventions in high-risk groups and the general population into practice. The support tool provides an overview of information sources that may support the implementation of the guidance.

Type 2 diabetes - preventing the progression from pre-diabetes (due May 2012) (PHGD)

Preventing type 2 diabetes - risk identification and interventions for individuals at high risk (PHGD, November 2011))

- [Key documents updated](#)
-

Type 2 diabetes (partially updated by CG87) (CG66 May 2008)

Type 1 diabetes (CG15, July 2004)

Diagnosis and management of type 1 diabetes in children, young people and adults

Type 1 diabetes (update) (CGD, November 2011)

Diabetes (types 1 and 2) - patient education models (TA60) (TA)

Epilepsy: diagnosis and management (CG137, January 2012)

This [clinical guideline](#) updates and replaces NICE clinical guideline 20, published in 2004. It also updates and replaces NICE technology appraisal 76 (2004) and NICE technology appraisal 79 (2004). It offers evidence-based advice on the care and treatment of children, young people and adults with epilepsy. New recommendations have been added for the pharmacological treatment of people with epilepsy, including the use of ketogenic diet.

Irritable bowel syndrome (CG61, February 2008)

Irritable bowel syndrome in adults: diagnosis and management of irritable bowel syndrome in primary care

Low back pain (CG88, May 2009)

Early management of persistent non-specific low back pain.

Osteoporosis: draft scope (CGD, July 2011)

NICE have been asked to develop a [clinical practice guideline](#) on Osteoporosis fragility fracture risk for use in the NHS in England, Wales and Northern Ireland. The [draft scope](#) defines what aspects of care the guideline will cover and to whom it will apply.

Osteoporosis - primary prevention (TA160, January 2011)

Osteoporosis - secondary prevention including strontium ranelate (TA161, January 2011)

Hypertension: Clinical management of primary hypertension in adults (CG127, August 2011)

High blood pressure (hypertension) is one of the most important preventable causes of premature morbidity and mortality in the UK. This [updated guideline](#) offers best practice advice on the care of adults with hypertension.

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Mental Health

Antisocial personality disorder (CG77, January 2009)

Antisocial personality disorder: treatment, management and prevention

Anxiety (CG113, January 2011)

Generalised anxiety disorder and panic disorder (with or without agoraphobia) in adults

Depression and anxiety - computerised cognitive behavioural therapy (CCBT) (TA97, February 2006)

Generalised anxiety disorder - quetiapine (AID, suspended March 2011)

Attention deficit hyperactivity disorder (ADHD) (CG72, September 2008)

Attention deficit hyperactivity disorder: Diagnosis and management of ADHD in children, young people and adults

Attention deficit hyperactivity disorder (ADHD) - methylphenidate, atomoxetine and dexamfetamine (review) (TA98, March 2006)

Borderline personality disorder (BPD) (CG78, January 2009)

Borderline personality disorder: treatment and management

Common mental health disorders: identification and pathways to care (CG123 May 2011)

GPs will be given greater support to help diagnose patients with common mental health disorders like anxiety and depression and ensure that they are offered the right treatment, following latest NICE guidance.

The [guidance](#) brings together in one place all of NICE's existing recommendations for common mental health disorders, making it easier for GPs to access all the information they need during a consultation.

Common mental health disorders affect one in six adults, and cost UK employers £25 billion each year through lost work days.

Recognising and treating common mental health disorders is an everyday task for GPs. One in three GP consultations has a mental health element to it, and 90 per cent of mental health disorders are treated in primary care.

Obsessive compulsive disorder (OCD) and body dysmorphic disorder (BDD) (CG31, Nov 2005)

Core interventions in the treatment of obsessive-compulsive disorder and body dysmorphic disorder

Post-traumatic stress disorder (PTSD) (CG26, March 2005)

Post-traumatic stress disorder (PTSD): The management of PTSD in adults and children in primary and secondary care

Psychosis with coexisting substance misuse (CG120, March 2011)

Self-harm (CG16, July 2004)

Self-harm: The short-term physical and psychological management and secondary prevention of self-harm in primary and secondary care

NICE: Longer-term care and treatment of self-harm (CG133, November 2011)

This clinical [guideline](#) offers evidence-based advice on the longer-term treatment and management of self-harm. It follows on from Self-harm: the short-term physical and psychological management and secondary prevention of self-harm in primary and secondary care (NICE clinical guideline 16).

Service user experience in adult mental health: improving the experience of care for people using adult NHS mental health services (CG136, December 2011)

- [Full Guidance](#)
-

Violence (CG 25, February 2005)

Violence: The short-term management of disturbed/violent behaviour in in-patient psychiatric settings and emergency departments

Autistic spectrum conditions: diagnosis and management of autistic spectrum conditions in adults (August 2011)

- [guideline in progress](#)
-

Psychosis and schizophrenia: recognition and management of psychosis and schizophrenia in children and young people (August 2011)

- [guideline in progress](#)
-

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Obesity/Physical Activity/Nutrition

Weight management before, during and after pregnancy (PH27, July 2010)

Dietary interventions and physical activity interventions for weight management before, during and after pregnancy

Promoting physical activity for children and young people (PH17, Jan 2009)

Promoting physical activity, active play and sport for pre-school and school-age children and young

people in family, pre-school, school and community settings

Four commonly used methods to increase physical activity (PH2, March 2006)

Four commonly used methods to increase physical activity: brief interventions in primary care, exercise referral schemes, pedometers and community-based exercise programmes for walking and cycling

Physical activity and the environment (PH8, January 2008)

Guidance on the promotion and creation of physical environments that support increased levels of physical activity

Preventing obesity - a whole-system approach (suspended) (PHGD)

Using the media to promote healthy eating (suspended) (PHGD)

Walking and cycling (due October 2012) (PHGD, September 2011)

- [Key documents updated.](#)
-

Obesity - working with local communities (expected Nov 2012) (PHGD, November 2011)

- [Key document updated.](#)
-

Eating disorders (CG9, January 2004)

Eating disorders: Core interventions in the treatment and management of anorexia nervosa, bulimia nervosa and related eating disorders

Nutrition support in adults (CG32, February 2006)

Nutrition support in adults: oral nutrition support, enteral tube feeding and parenteral nutrition

Obesity (CG43, December 2006)

Obesity: the prevention, identification, assessment and management of overweight and obesity in adults and children

Diagnosis and assessment of food allergy in children and young people in primary care and community settings (CG116, February 2011)

The [advice in the NICE guideline](#) covers: Children and young people up to their 19th birthday who have symptoms or signs that could suggest food allergy. Children and young people who are at greater risk of developing a food allergy. For example, they may already have another condition linked w ...

BMI and waist circumference - black and minority ethnic groups (started July 2011)

NICE PH guidance in development [Details](#): BMI and waist circumference - black and minority ethnic groups

Overweight and obese adults - weight management (started July 2011)

[Technology Appraisal](#) in development

Overweight and obese children - weight management (started July 2011)

[Technology Appraisal](#) in development

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Occupational Health

Promoting physical activity in the workplace (PH13, May 2008)

Intervention guidance on workplace health promotion with reference to physical activity

Promoting mental wellbeing at work (PH22, November 2009)

Guidance for employers on promoting mental wellbeing through productive and healthy working conditions

Management of long-term sickness and incapacity for work (PH19, March 2009)

Guidance for primary care and employers on the management of long term sickness and incapacity

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Older People

Mental wellbeing and older people (PH16, October 2008)

Guidance for Occupational therapy and physical activity interventions to promote the mental wellbeing of older people in primary care and residential care

Falls (CG21, November 2004)

The assessment and prevention of falls in older people

Falls in older people (August 2011)

[Clinical guideline](#) in development

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Palliative Care

End of life care for adults quality standard (December 2011)

This [quality standard](#) describes high-quality care that, when delivered collectively, should contribute to improving the effectiveness, safety and experience of care for adults approaching the end of life and the experience of their families and carers. This will be done in the following ways, regardless of condition or setting:

- Enhancing quality of life for people with long-term conditions.
 - Ensuring that people have a positive experience of (health) care.
 - Treating and caring for people in a safe environment and protecting them from avoidable (healthcare-related) harm.
-

Guide for commissioners on end of life care for adults (CMG42, January 2012)

This guide aims to support commissioners in designing high quality, evidence-based services to improve outcomes for patients and to help the NHS make better use of resources. It also includes an end of life care commissioning and benchmarking tool to help users determine the level of service that might be needed locally and to help cost and identify potential savings associated with commissioning end of life care services.

- [Guidance](#)
 - [Commissioning and benchmarking tool](#)
 - [NICE - press release](#)
-

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Public Health/Health Promotion

Public health guidance in development (December 2011)

This table lists NICE public health guidance in development. The list can be sorted by title (alphabetically), wave number, anticipated publication date and process.

- [Guidance](#)
-

Public Health guidance topics (November 2011)

As previously confirmed by the Department of Health, NICE will continue the majority of its current public health work programme. Following further Ministerial consideration to ensure that the NICE work programme is consistent with the broader approaches the Government is taking to the reform of the health and public health systems in England, and that NICE guidance is focused on topics that add maximum value in addressing local needs, three further topics are to be withdrawn from the future programme of work.

- [Topics](#)

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Quality

Patient experience in adult NHS services (CG138, February 2012)

NICE has published a quality standard and guidance which aims to ensure that patients have an excellent experience of care in the NHS. The quality standard aims to ensure that patients are given the opportunity to discuss their health beliefs, concerns and preferences in order to individualise their care. The guidance promotes person-centred care that takes into account a patient's needs, concerns and preferences.

- [Quality standard](#)
- [Guideline](#)
- [NICE - news](#)

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Sexual Health

Prevention of sexually transmitted infections and under 18 conceptions (PH3, February 2007)

One to one interventions to reduce the transmission of sexually transmitted infections (STIs) including HIV, and to reduce the rate of under 18 conceptions, especially among vulnerable and at risk groups

Contraceptive services for socially disadvantaged young people (suspended) (PHGD, November 2011)

Long-acting reversible contraception (CG30, October 2005)

Long acting reversible contraception: the effective and appropriate use of long-acting reversible contraception

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Smoking/Tobacco Control

Workplace interventions to promote smoking cessation (PH5, April 2007)

Smoking cessation services (PH10, February 2008)

Smoking cessation services in primary care, pharmacies, local authorities and workplaces, particularly for manual working groups, pregnant women and hard to reach communities

School-based interventions to prevent smoking (PH23, February 2010)

School-based interventions to prevent the uptake of smoking among children

Smoking cessation - acute and maternity services (PHGD, November 2011)

- [Key documents updated.](#)
-

Quitting smoking in pregnancy and following childbirth (PH26, June 2010)

How to stop smoking in pregnancy and following childbirth

Preventing the uptake of smoking by children and young people (PH14, July 2008)

Guidance on preventing the uptake of smoking by children and young people

Brief interventions and referral for smoking cessation (PH1, March 2006)

Brief interventions and referral for smoking cessation in primary care and other settings

Smokeless tobacco: South Asians (due September 2012) (PHGD)

Smoking harm reduction (due May 2013) (PHGD)

Smoking cessation - varenicline (TA123, July 2007)

Smoking cessation - mental health services (PHGD, November 2011)

- [Key documents updated.](#)
-

Tobacco - harm reduction (PHGD, November 2011)

- [Key documents updated.](#)
-

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Stroke

New drug for stroke prevention approved (TA249, March 2012)

Patients with atrial fibrillation can now be offered dabigatran (Pradaxa) in order to reduce the risk of developing blood clots and subsequent stroke, following final [guidance](#) from NICE. Dabigatran should only be offered after a discussion over its risks and benefits in comparison with warfarin.

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